**Black Combe Runners – Health and Safety Policy**

Prepared 23rd January 2022 by Peter Tayler (NEBOSHDip)

Statement of general policy

Black Combe Runners will aim to help club members and attendees of club races enjoy the sport of fell running in a safe manner.

Responsibilities

The Health and Safety Coordinator (member of club committee) will oversee risk assessment of social runs and club races and will maintain an overview of the safety of activities within the club.

Social run leaders are responsible for monitoring and helping manage the safety of runners on social runs.

All members of club are responsible for joining in club activities in a safe manner and are responsible for helping ensure safety of others when taking part.

Race organisers are responsible for management of safety at their races.

Arrangements

Risk assessments will be put in place for social runs and club races.

Risk assessments to include details of emergency procedures.

Guidelines for social run leaders in place.

Guidelines for runners in place.

Guidelines circulated and made available to leaders and runners.

Advice given to new fell runners regarding what to expect, equipment needed.

Peter Tayler